

# The Gym for Physical Education

Behavior Expectations			
Show RESPECT	Show RESPONSIBILITY	Show SAFETY	Do your Job!
<ul style="list-style-type: none"> <li>• Speak kind words to one another.</li> <li>• Be positive about learning.</li> <li>• Keep your personal space.</li> <li>• Raise your hand if you have a question, and wait to be called on.</li> </ul>	<ul style="list-style-type: none"> <li>• Take care of your belongings (computers, art supplies, books, music equipment, Phys. Ed. equipment).</li> <li>• Take responsibility for your actions.</li> <li>• Accept consequences appropriately.</li> <li>• Have all materials ready to begin class (sneakers, folders, books).</li> </ul>	<ul style="list-style-type: none"> <li>• Stay in your seat or move safely and slowly throughout the room.</li> <li>• Keep your hands, feet, and objects to yourself.</li> </ul>	<ul style="list-style-type: none"> <li>• Follow directions the first time.</li> <li>• Ask permission before leaving the room.</li> </ul>
Teaching Examples			
<ol style="list-style-type: none"> <li>1. <b>(RESPECT):</b> Speak kind words to one another. Be positive about learning. Keep your personal space and respect the space of others. Raise your hand if you have a question, wait to be called on.</li> <li>2. <b>(RESPONSIBILITY):</b> Take care of your equipment and use items as instructed. Take responsibility for your actions. Accept consequences appropriately. Wear sneakers and dress appropriately for activity.</li> <li>3. <b>(SAFETY):</b> Stay in your seat or move safely and slowly throughout the gym. Follow safety rules for each sport and activity.</li> <li>4. <b>(DO YOUR JOB):</b> Follow directions the first time. Ask permission before leaving the room. Put away equipment quickly and carefully. Look and sound ready in squad seats.</li> </ol>			
Student Activities			
<ol style="list-style-type: none"> <li>1. Ask students to give examples of situations in the Library in which they need to be safe.</li> <li>2. During class, read to the class a story about respect and kindness (e.g., <i>Rainbow Fish</i>, <i>The Giving Tree</i>, <i>Madeline's Please and Thank You Book</i>.)</li> <li>3. Use Power Point presentation to discuss expected behaviors in the Library.</li> </ol>			
After the Lesson			
<ol style="list-style-type: none"> <li>1. Before students go to the gym, ask them how they can be safe.</li> <li>2. The Physical Education teacher and others will praise students for appropriate behaviors and give them a Falcon 5.</li> <li>3. Before being excused, have students praise each other for appropriate and respectful behavior as well as sportsmanship and fair play.</li> </ol>			
What to do	Helpful Hints		What to say
<ul style="list-style-type: none"> <li>• Be ready when in your squad seat.</li> <li>• Let someone else go first.</li> <li>• Use equipment safely.</li> <li>• Follow directions the first time.</li> <li>• Ask permission to leave the room.</li> </ul>	<ul style="list-style-type: none"> <li>• “Are you ready for instruction?”</li> <li>• “Do you want to go first?”</li> <li>• “Yes, I will be careful.”</li> <li>• “I will do that right away.”</li> <li>• “Yes, you may go to the bathroom.”</li> </ul>		